

**Policy M313****St. Mary's Asthma Policy****Preamble**

People with asthma have sensitive airways in their lungs. When they are exposed to certain triggers their airways narrow, making it harder for them to breathe. St Mary's is committed to providing a safe and supportive environment for all individuals with asthma. This enables them to fully involve themselves in all aspects of the school.

**Rationale**

The St. Mary's Catholic Primary School Asthma Policy aims to:

- Increase awareness of asthma among the whole student population, their parents and their teachers.
- Improve the ability of our teachers to fulfil their duty of care obligations to those students with asthma.
- Improve self-management skills in those students with asthma to enable them to participate fully in daily activities including regular exercise and sport.
- Develop and maintain a school action and implementation plan, when dealing with students who have asthma.

**Values**

The Christian values of love, compassion, justice, dignity, self-discipline, tolerance and respect will be reflected in the provision of a safe and healthy environment for all children with asthma.

**Policy**

At St. Mary's Catholic Primary School we are committed to providing a safe and healthy environment. We seek to educate all students and staff regarding the effects of Asthma.

**Implementation Issues**

At St Mary's we will:

- Provide Asthma education for all school staff
- Devise Asthma action plans and/or student Asthma records for each student with asthma and keep these records at the office
- Display asthma first aid posters
- Encourage students with asthma to have their medication readily available and safely stored at all times
- Provide a blue reliever puffer and spacer device available for emergency use
- Devise a plan for managing asthmas during school sporting activities, excursions and camps
- Provide asthma related information supplied to the school that contributes to the quality of life, health outcomes and wellbeing for the children to parents/caregivers of our students
- The document "Guidelines for the administration of medication for Catholic School in the Rockhampton Diocese" will be referred to.

**Reflection Material**

- *Guidelines for the administration of medication for Catholic School in the Rockhampton Diocese*

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