

Policy M314**St Mary's Juvenile Type 1 Diabetes Policy*****Preamble***

Diabetes exists when blood glucose builds up to high levels. It is not contagious. Type 1 Diabetes usually occurs in childhood or early adulthood however it can occur at any age. It is due to a severe deficiency of insulin and is fatal without lifelong insulin injections. Insulin allows a return to good health.

Rationale

The St Mary's Catholic Primary School Type 1 Diabetes Policy aims to:

- Safely support, within the school environment, students with type 1 diabetes.
- Develop and maintain a school action and implementation plan, when dealing with students who have type 1 diabetes.
- Provide a position for the community on food management, hygiene, safe food handling, parent education, student education and tuckshop and classroom protocols to proactively and reactively support these students.
- Document the school community's agreed position on, and accepted procedures for dealing with students with type 1 diabetes.

Values

The Christian values of love, compassion, justice, dignity, self-discipline, tolerance and respect will be reflected in the provision of a safe and healthy environment for all children with Type 1 Diabetes.

Policy

At St Mary's Catholic Primary School we are committed to providing a safe and healthy environment. We seek to educate all students and staff regarding the life threatening effects of type 1 diabetes.

Implementation Issues

We will work in partnership with parents, medical staff and Diocesan WHSO authorities, to ensure safe, appropriate intervention for these students. The school will commit to responsible and achievable management practices in reducing any foreseeable risks associated with the support of students with type 1 diabetes, within the school environment and within school associated activities.

- An enrolment application support process will be implemented for all Type 1 Diabetes students and parents need to agree on this support process.
- For children with special requirements, a written individual Management Health Care Plan incorporating medical recommendations should be developed with the school in association with the parents/guardians and medical practitioner. This should be attached to the

student's records.

- The document, 'Diabetes Information for Schools' will be used to guide the management of students who have been identified, by a medical practitioner, as being Diabetic.
- The document "Guidelines for the administration of medication for Catholic School in the Rockhampton Diocese" will be referred to.
- Staff training in the recognition of signs and symptoms of hypoglycaemia and emergency response procedures, will occur on an annual basis or as required.
- School will conduct a range of type 1 diabetes awareness and education activities throughout the year. These will include:
 - a) letters to parents
 - b) signs around the school, in sick bay and staff room
- The identification of students at risk of type 1 diabetes will include :
 - a) photo identification, Vital Medical Information and Emergency Plan stored in individual classroom and staff rooms, on Medical Alert Board (including specialist teachers' rooms) and tuckshop.
 - b) wearing of a red wrist band (Once we find it impractical to identify children).
- Parents of students of Type 1 Diabetes are responsible for informing the school of any changes to their Child's Individual Health Plan and Emergency Plan and supporting the implementation of strategies to ensure a safe learning environment exists. The strategy includes the parent being responsible for the carbohydrate count of food being consumed at school.
- Yearly reviews of risk management documents must be undertaken to ensure optimal safety for Type 1 Diabetes students.
- Only willing and nominated staff members will administer the insulin for a student with Type 1 Diabetes. The nominated staff member will receive adequate training to ensure correct procedure.
- The school will implement a 'Risk Minimisation' approach with regards to particular foods and the distribution of extra food to the diabetic's daily diet.

**Reflection
Material**

- Students with Diabetes Guidelines for Qld Schools
- Guidelines for the administration of medication for Catholic School in the Rockhampton Diocese

2013

